

**Scripture: Psalm 91**

- <sup>1</sup> Whoever dwells in the shelter of the Most High  
will rest in the shadow of the Almighty.<sup>[a]</sup>
- <sup>2</sup> I will say of the LORD, "He is my refuge and my fortress,  
my God, in whom I trust."
- <sup>3</sup> Surely he will save you  
from the fowler's snare  
and from the deadly pestilence.
- <sup>4</sup> He will cover you with his feathers,  
and under his wings you will find refuge;  
his faithfulness will be your shield and rampart.
- <sup>5</sup> You will not fear the terror of night,  
nor the arrow that flies by day,  
<sup>6</sup> nor the pestilence that stalks in the darkness,  
nor the plague that destroys at midday.
- <sup>7</sup> A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.
- <sup>8</sup> You will only observe with your eyes  
and see the punishment of the wicked.
- <sup>9</sup> If you say, "The LORD is my refuge,"  
and you make the Most High your dwelling,  
<sup>10</sup> no harm will overtake you,  
no disaster will come near your tent.
- <sup>11</sup> For he will command his angels concerning you  
to guard you in all your ways;  
<sup>12</sup> they will lift you up in their hands,  
so that you will not strike your foot against a stone.
- <sup>13</sup> You will tread on the lion and the cobra;  
you will trample the great lion and the serpent.
- <sup>14</sup> "Because he<sup>[b]</sup> loves me," says the LORD, "I will rescue him;  
I will protect him, for he acknowledges my name.
- <sup>15</sup> He will call on me, and I will answer him;  
I will be with him in trouble,  
I will deliver him and honor him.
- <sup>16</sup> With long life I will satisfy him  
and show him my salvation."

## Message: It's Time for Rest

1. My \_\_\_\_\_ for Rest/Relief
  - From \_\_\_\_\_ that surrounds me
  - From \_\_\_\_\_ that attack me
  - From my \_\_\_\_\_ that fail me

*A Message for Me...*

2. The Lord's \_\_\_\_\_:
  - Of His \_\_\_\_\_
  - Of His \_\_\_\_\_
  - Of His \_\_\_\_\_

*A Message for Me...*